

Recipes for Fun

Mastering Texture

Gloop

You need

2 cups of corn flour

1 cup of cold water

Food colouring (optional)

Pour the corn flour into a bowl. Add the water slowly stirring and stop when the water is barely absorbed by the corn flour. The resulting solution is fascinating to play with as it can be scooped up with little fingers as a mouldable material. The liquid then flows back into the bowl when you finish working with it. Magic!!

Pudding Paint

Pudding paint looks a lot like ketchup and mayonnaise with some blackberry and chocolate pudding on the side. Not much of a snack but you can have great fun with this thick paint cooked like pudding and spread on cardboard with craft or lollipop sticks.

Mix 5 cups of water, 2 cups of white flour, ½ a cup of sugar and 3 tablespoons of salt in a bowl. Pour into a saucepan and cook over a medium heat until thick and bubbling (about 7 minutes). Cool well this can be stored in the fridge in covered containers for several weeks.

Starch Paint

Mix powered poster paint with corn flour add just enough corn flour to make a thick shiny paint. Work with stiff brushes on cardboard.

Salt Paint

Stir table salt into liquid poster paint for a thick sandy paint. This mixture creates an interesting texture as it dries out.

Sawdust Paint

Add spoonfuls of sawdust or crushed breakfast cereal to any liquid paint for a grainy bumpy texture.